

SORT IT CENTRAL

Waste Sorting Guide

RECYCLABLES

The following recyclable items must be placed in a **TRANSPARENT BLUE BAG**.

Please empty, rinse or wipe materials.

Boxboard:

- drink and coffee trays
- egg cartons
- food boxes (e.g. cereal, pasta, granola bars, frozen food)
- gift boxes
- paper towel rolls
- shoe boxes
- toilet paper rolls

Cardboard:

- corrugated boxes
- packaging materials
- pizza boxes

Metal Containers:

- aluminum cans (e.g. pop and beer cans)
- disposable foil containers (e.g. pie plates, food trays, baking pans)
- steel and tin cans and lids (e.g. soup, tuna, juice, coffee cans, fruit cups, cookies, chocolates, tea)

Mixed Paper:

- books (hard cover removed)
- computer paper
- construction paper
- envelopes
- exercise books
- glossy paper
- loose leaf
- magazines and catalogues
- newspapers and flyers (plastic removed)
- paper bags
- phone books
- sticky notes

Paper Containers:

- gable top cartons (e.g. juices, cream, sugar, molasses)
- milk cartons or Tetra boxes (including milk alternatives such as soy and almond milk)
- Tetra boxes (e.g. juice, sauces, soup, broth)

Plastic Containers:

- plastic beverage containers (e.g. pop and water bottles, juice jugs, juice pouches, yogurt drink bottles)
- plastic flower pots
- plastic food containers and bottles (e.g. mayonnaise, ketchup, peanut butter, honey)
- plastic household cleaner bottles (e.g. glass cleaner, multi-purpose solution, laundry detergent, windshield wash)
- plastic toiletry bottles (e.g. dish soap, hand sanitizer, shampoo, body wash, over-the-counter medication)
- plastic trays and clamshells (e.g. baked goods, fruit, sandwiches)
- plastic tubs and lids (e.g. butter, sour cream, yogurt, ice cream tubs)



GARBAGE

The following items must be placed in a **CLEAR BAG**.

Plastic:

- bags
- bottle caps
- bubble envelopes
- candy and granola bar wrappers
- CD and DVDs and cases
- chip and snack bags
- cutlery
- individual condiment packages
- plastic wrap and baggies
- straws

Paper:

- coffee cups and take-out drink containers
- gift bags and wrapping paper
- paper napkins
- paper towels
- tissues
- wax paper

Other:

- blankets and bed sheets
- ceramic dishes
- clothing
- diapers
- empty aerosol cans
- empty paint cans
- **plastic wraps and film**
- food waste
- full or unopened food containers
- **glass jars (e.g. jam, pizza sauce, salsa)**
- kitty litter
- laundry baskets and hampers

- pet food bags
- pots and pans
- **sharp objects (e.g. needles, knives, broken glass) in a puncture-proof container**
- Styrofoam
- toys (plastic, wood, metal)

Two small privacy bags (non-transparent) may be placed inside each clear bag with your garbage.



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Central Newfoundland Waste Management
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